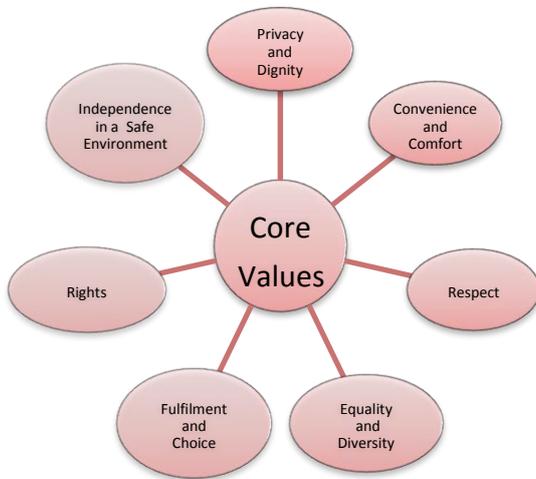


St. Mary's Care Home
at St. George's Park
Ditchling Common, East Sussex

There to care ...

St. Mary's is one of three purpose-built state-of-the-art care homes located in the grounds of St. George's Park. The home offers the best in modern facilities combined with the traditional principles of care which has been offered by the Augustinian Sisters at St. George's since 1868.



The Sisters oversee the care homes taking an active part in the day to day running and pastoral care of the residents.

The new home is situated on raised ground offering superb views across the 250 acres of gardens and farmlands, much of which is accessible to wheelchair users making it ideal for friends and family to take residents for a stroll through the beautiful countryside.





Bedrooms

Built over three floors St Mary's offers sixty single en-suite bedrooms all of which are furnished to a high standard including built-in wardrobe and dressing table. The rooms are all a very generous 24 square metres with spacious en-suites which consist of wash hand basin, W.C. and level access showers, ideal for wheelchairs if they are required. We actively encourage our residents to bring treasured items and possessions and of course are pleased to welcome family and friends to visit, at any time. All this helps to make it your home rather than just a room.



Communal Areas

There are numerous cosy communal lounges which accommodate approximately 10 residents, these are furnished with TVs and radios and all have adjoining kitchenettes where light refreshments are able to be prepared, ideal for a family gathering.



The large dining room can accommodate all the residents and has the facility of an adjoining lounge with large screen TV and a small bar area allowing residents to socialise when away from the more homely lounges. The dining room leads out onto a large veranda offering views across the fields, perfect for alfresco eating or just sitting enjoying a warm summer afternoon. All the paths have recently been laid with rubberised material for extra safety.

Nutrition

Our chefs provide an excellent and varied menu to meet the nutritional needs of our residents and are pleased to cater for individual dietary requirements. At St. George's Park we have our own beef cattle and seasonal local produce is used to ensure residents are offered tasty options throughout the year. St. Mary's has a 5 rating on the Food Hygiene Rating Scheme.



Activities and Leisure



St. Mary's has its very own Activities Organisers who work with the residents to ensure that there are varied and interesting options available. Some of these include: shopping trips, walks in the gardens and grounds, visits and outings with friends and relatives. Celebrations are held for residents' birthdays.

St. Mary's Activities Organisers spend time with the residents to ensure that there are varied and interesting options available. The activities include an art class, film shows, keep fit and gardening troughs have recently been introduced which allow residents to grow their own flowers and vegetables.

Residents can also visit the animals on our farm, there are miniature ponies, donkeys, alpacas, highland cattle, pigs and various types of rabbits and guinea pigs.

Musical entertainment is particularly popular and this is provided by outside entertainers. Reminiscence therapy in small groups is also a regular event. Residents who lack mobility are offered passive exercise on a one-to-one basis.

Facilities

St. Mary's has its own hairdressing salon where residents can make an appointment with our qualified hairdresser who makes regular visits.

The home has its own mobile sensory unit which can be taken to a resident's room or used with a group of residents. There is a therapy room and we are able to arrange for therapists of the residents choice to visit.



The shop is stocked with a range of everyday items such as toiletries and cards and enables residents and visitors to make purchases.

Visitors

The Home welcomes visitors and residents have an opportunity to meet with them in private or with the group, as they desire. Residents have the chance to enjoy refreshments with their families and arrangements are made for special occasions, eg. birthdays. Residents are encouraged to go out for visits and trips with their relatives and friends.



Service Category

The Home is registered with the Care Quality Commission (CQC) for care with nursing for 60 residents of both sexes. It provides nursing care for elderly people and those suffering from dementia-type conditions and confusion. For further information on admissions criteria please call 01444 873710/1.

Staff at the home are currently working towards Accreditation for the Gold Standards Framework for End of Life Care.

Our Manager

The Registered Manager of St. Mary's is Emma Monaghan. She has many years' experience caring for the elderly especially those with dementia and similar type illnesses



RGN, NVQ Level 4 in Management

June 2015 Registered Manager, St. Mary's Care Home

April 2009 Registered Manager, St. Rita's Care Home June 2015

2008-2009 Deputy Home Manager, St. Mary's Care Home

2005-2008 Unit Manager, St. Clare's Right

1987-2005 Staff Nurse, St. George's Retreat



If you or any member of your family wish to visit St. Mary's to view the facilities, service and care on offer then please call 01444 873710/1 and we would be delighted to book you an appointment.

St. Mary's, St. George's Park, Ditchling Road, Ditchling Common
Ditchling, East Sussex, RH15 0SF
01444 873710 or 01444 873711