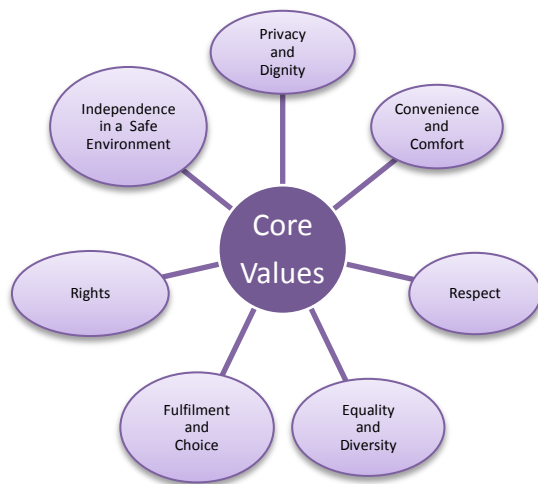


*St. Rita's Care Home*  
*at St. George's Park*  
Ditchling Common, East Sussex

# There to care ...



St. Rita's is one of three new purpose-built state-of-the-art care homes located in the grounds of St. George's Park. The home offers the best in modern facilities combined with the traditional principles of care which has been offered by the Augustinian Sisters at St. George's since 1868.

The Sisters oversee the care homes taking an active part in the day to day running and pastoral care of the residents.

The new home on Ditchling Common is in an area of outstanding natural beauty and has views on the South Downs and across the 250 acres of gardens and farmlands, much of which is accessible to wheelchair users making it ideal for friends and family to take residents for a stroll through the beautiful countryside.





## Bedrooms

The home is built over two floors and offers sixty single en-suite bedrooms which are all furnished to a high standard including built-in wardrobe and dressing table. The rooms are all over 20 square metres with spacious en-suite which consist of wash hand basin, WC and level access shower which are ideal for wheelchair users, if they are required. We actively encourage our residents to bring treasured items and possession and of course are pleased to welcome family and friends to visit at any time. All this helps to make it your home rather than just a room



## Communal Areas

There are numerous cosy communal lounges which accommodate approximately 10 residents, these are furnished with TVs and radios and all have adjoining kitchenettes where light refreshments are able to be prepared, ideal for a family gathering.



The large dining room can accommodate all the residents and has the facility of an adjoining lounge with large screen TV and a small bar area allowing residents to socialise when away from the more offering views across the grounds of St. George's, perfect for alfresco eating or just sitting enjoying a warm summer day.

## Nutrition

Our chefs provide an excellent and varied menu to meet the nutritional needs of our residents and are pleased to cater for individual dietary requirements. At St. George's Park we have our own beef cattle which provide meat to the home. Seasonal local produce is used to ensure residents are offered tasty options throughout the year. St. Rita's received a 5 rating on the new Food Hygiene Rating Scheme.





## Activities and Leisure

There is a large activities room, with a superb balcony where residents can continue to follow their own hobbies or take part in various planned events. St. Rita's has its very own Activities Organisers who spend time with the residents to ensure that there are varied and interesting options available. The activities include an art class, film shows, keep fit and gardening troughs have recently been introduced which allow residents to grow their own flowers and vegetables.

Residents can also visit the animals on our farm, there are miniature ponies, donkeys, alpacas, highland cattle, pigs and various types of rabbits and guinea pigs

Musical entertainment is particularly popular and this is provided by outside entertainers. Reminiscence therapy in small groups is also a regular event. Residents who lack mobility are offered passive exercise on a one-to-one basis.

## Facilities

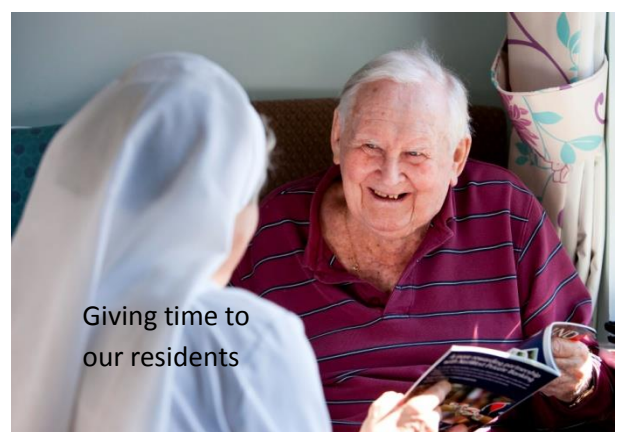
St. Rita's has its own hairdressing salon where residents can make an appointment with a qualified hairdresser who makes regular visits.

The home also has a quiet room where residents can spend time in the tranquil atmosphere reading or other quiet activities without television or radios.

The shop is stocked with a range of everyday items such as toiletries and cards and enables residents and visitors to make purchases.

## Visitors

The Home welcomes visitors and residents have an opportunity to meet with them in private or with the group, as they desire. Residents have the chance to enjoy refreshments with their families and arrangements are made for special occasions, eg. birthdays. Residents are encouraged to go out for visits and trips with their relatives and friends.



## Service Category

The Home is registered with the Care Quality Commission (CQC) for care with nursing for 60 residents of both sexes. It provides nursing care for elderly people suffering from dementia-type conditions and confusion. For further information on admissions criteria please call 01444 873740/1

Staff at the home have attained Accreditation for the Gold Standards Framework for End of Life Care.

## Our Manager



The Registered Manager at St. Rita's is Mr Kevin Burke. He has many years' experience caring for the elderly including Domiciliary Care, Day Care Services, Sheltered / Extra Care, Nursing and Residential Care Homes

### Qualification and Experience of Registered Manager

Diploma in Nursing, NVQ Level 4 Management in Care  
Fellow of Chartered Management Institute

May 2015-Jan 2017 - Registered Home Manager, RMBI Barford Court  
Nov 2008-May 2015 – Regional Operations Manager, Plan Care  
Sep 2010-May 2015 – Chair of Trustees, Age UK Brighton and Hove  
Nov 2007-Nov 2008 – Business Support Manager, Nestor Health Care  
Apr 2006-Nov 2007 – Project Manager, Care UK  
Nov 2000-Apr 2006 – BNA (Nestor Health Care)

If you or any member of your family wish to visit St. Rita's to view the facilities, service and care on offer then please call 01444 873740/1 and we would be delighted to book you an appointment.



St. Rita's, St. George's Park, Ditchling Road, Ditchling Common  
Ditchling, East Sussex, RH15 0GT  
01444 873740 or 01444 873741